

Oregon S C I E N T I F I C

SSMART Dynamo

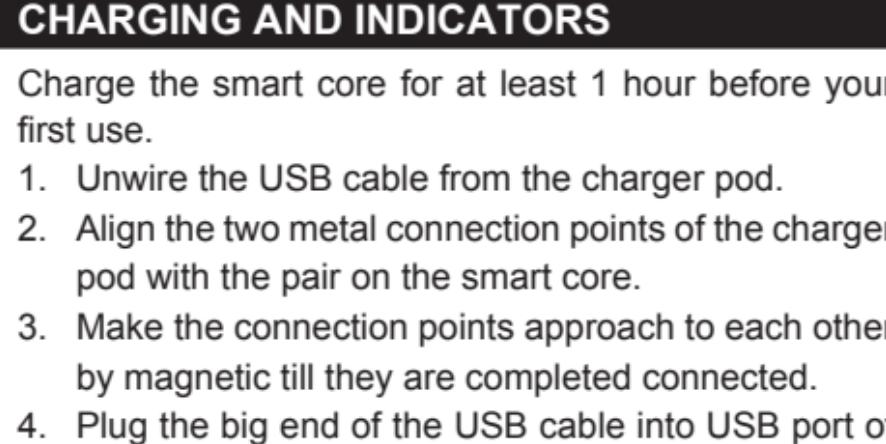
24/7 Activity Tracker

Model: PE128

Quick Start Guide

EN

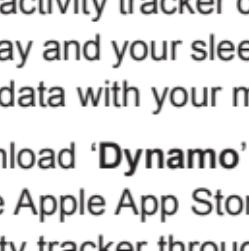
OVERVIEW



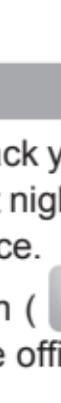
CHARGING AND INDICATORS

Charge the smart core for at least 1 hour before your first use.

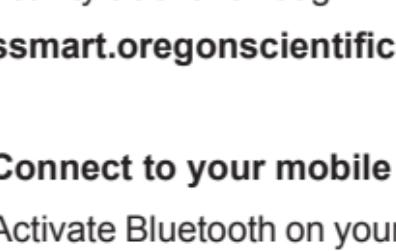
1. Unwire the USB cable from the charger pod.
2. Align the two metal connection points of the charger pod with the pair on the smart core.
3. Make the connection points approach to each other by magnetic till they are completed connected.
4. Plug the big end of the USB cable into USB port of your PC.



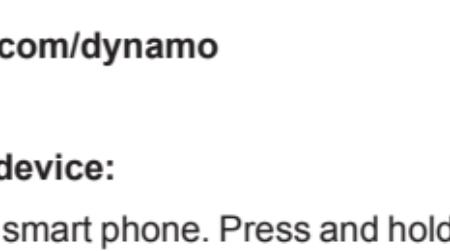
①



②



③



④

5. Once the smart core is correctly connected with the charger pod, the indicator turns on.

Indicators	Status
Red is on	Charging
Green is on	Charging completed
Red blinks 3 times when the button is pressed.	Low battery

GET STARTED

WEAR

Your activity tracker is adjustable to fit for different wrist sizes. Make sure the activity tracker is not too loose to avoid inaccurate calculations.

APPLICATION

Your activity tracker can help track your activities during the day and your sleep status at night while transmitting your data with your mobile device.

Download 'Dynamo' application (). It is available in the Apple App Store. Visit the official website of your activity tracker through ssmart.oregonscientific.com/dynamo

Connect to your mobile device:

Activate Bluetooth on your smart phone. Press and hold operational button for 5 seconds. The indicator will flash 3 times in blue.

SETTINGS

Edit your profile at anytime following the below steps:

1. Tap  icon to enter setting screen.
2. You can set different settings, including **User**, **Activity**, **Wake up time** and **Support**.

NOTE

1. If you want to use another compatible activity tracker, you need to unpair the previous activity tracker from the application.

2. The activity tracker will automatically deactivate the sleep mode and then switch to the activity mode at your set wakeup time to avoid that user forgets to switch back to the activity mode by pressing the button.



Settings



User

Your Profile

Set

Unpair activity tracker

Serial #:21BO0000CAI2

Wake up time

ON

Weekdays

7:00



zzz



Support

Help

User manual

Apps version: 1.0

Activity tracker version: 1.0

Visit us online:

ssmart.oregonscientific.com/dynamo

ACTIVITY MODE

The activity tracker monitors you to achieve 30 minutes a day or 150 minutes per week moderate-intensity physical activity volume.

Once you press the operational button, the corresponding LED indicator turns on for 3 seconds.

Your Activity Achievement	LED color
<= 50%	Red
51-89%	Yellow
90-99%	Green
>=100%	Blue

TO VIEW ACTIVITY DATA:

Tap icon.

Tap on your desired area, the screen displays corresponding screen, including graphical view.

Tap the arrow again / / / , to go back to the previous screen.

SLEEP MONITORING MODE

Start your sleep:

Press and hold the button until the LED indicator turns on in purple for 3 seconds.

After your sleep:

Press and hold the button again until the LED indicator blinks 3 times in purple.

To view sleep data:

Tap icon to view the data.

WATERPROOF

The tracker is water-resistant up to 1 ATM. This means you can use the tracker for simple water sport activity but it must not be used for snorkeling and deep water diving.

SPECIFICATIONS

Type	Description
Dimension (L x W x H)	38 x 23 x 18 mm (1.5 x 0.9 x 0.7 inches)
Weight	20.9 g (0.74 oz)

PRECAUTIONS

- Clean it only with a soft cloth slightly dampened with warm water or a mild soap.
- Do not subject the product to excessive force, shock, dust, temperature changes, or humidity. Never expose the product to direct sunlight for extended periods. Such treatment may result in malfunction.
- Do not tamper with the internal components. Doing so will terminate the product warranty and may cause damage. The main unit contains no user-serviceable parts.
- The product is a precision instrument. Never attempt to take this device apart. Contact the retailer or our customer service department if the product requires servicing.
- Due to printing limitations, the displays shown in this manual may differ from the actual display.
- The contents of this quick start guide may not be reproduced without the permission of the manufacturer.

NOTE The technical specifications for this product and the contents of the quick start guide are subject to change without notice. For complete instructions on using the product, please refer to the online user manual, visit www.oregonscientific.com. The English version of the manual contains the most updated operating function description

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For any enquiry, please contact our Customer Services at info@oregonscientific.com.

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EU-DECLARATION OF CONFORMITY

Hereby, Oregon Scientific, declares that Ssmart Dynamo 24/7 Activity Tracker (model: PE128) is in compliance with the essential requirements and other relevant provisions of Directive 1999/5/EC. A copy of the signed and dated Declaration of Conformity is available on request via our Oregon Scientific Customer Service.



COUNTRIES RTTE APPROVED COMPLIED

All EU countries, Switzerland (CH) and Norway (N)